COAST

BIKE

RIDES

Coffs Coast Bike Rides

©John F. Gray, 2010-2013.

Coffs Coast Bike Rides

A great variety of rides are available to the recreational cyclist on the Coffs Coast where the climate is great for year round riding. This pocket guide suggests a range of rides of varying difficulty to start your adventure of exploring by bike this wonderful part of the world with its beautiful natural environment.

Most of these rides can be modified or extended or combined with others. Many rides could have alternative starting points or could be ridden in the opposite direction. Most likely you will soon want to do your own exploring and discover new territory. In particular, consider national parks and state forests which offer many options for the adventurous on gravel roads. Happy cycling!

Disclaimer

Cycling is inherently dangerous. This ride booklet is general information only and makes no claim to factual accuracy or claims to provide detailed safety information. No responsibility for any damage or injuries to anyone participating in any of the rides described in this booklet is accepted. Please ride in a safe and responsible manner and take care to prevent putting yourself and others in danger.

Abbreviations used in this guide:-

RB Road Bike (skinny tyres)

MTB Mountain bike

G Gravel roads

L Turn left

R Turn right [or Rating in index]

>>> Indicates road name change but no direction change.

Introductory Notes

Ride notes and maps have been kept to a minimum but should be sufficient for navigation. If desired more detailed local maps are freely available at tourist information centres or on the internet.

Roads are bitumen unless otherwise indicated. Highways and busy roads have been avoided whenever possible.

Gravel roads vary with weather and maintenance but are generally good. Don't be put off by gravel roads. Be aware however that some of these rides take you away on to roads less travelled. You will need to be self-reliant. Phone coverage may be limited.

The rating system (1-10) is based on distance, hills and road surface. Rain and headwinds would make a ride more difficult. Distances have often been rounded off and may not always be accurate.

Note that maps are not prepared to a common scale.

Some Safety Considerations

- Stay alert!
- Think safety.
- Follow the road rules.
- Show respect to other road users.
- Use cycle ways and cycle lanes whenever possible.
- Watch for pedestrians on <u>shared</u> cyclist/pedestrian paths.
- Avoid busy roads with no road shoulder.
- Early Sunday morning is usually the safest time for cyclists to be on the road.
- Many accidents are due to the cyclist not being seen. Wear bright clothing. BE SEEN -BE SAFE! In rainy weather lights are needed during the day.
- Old wooden bridges with gaps between planks are a serious hazard especially for skinny tyres -consider walking across them.
- Guard against dehydration especially in extreme heat. Carry plenty of water.

Before Ride Basic Checklist

- Bicycle has working brakes and a bell or horn; at night, lights and a rear reflector. (These are legal requirements)
- The bike is in good working order. (Bicycles need regular service checks).
- An SAA approved helmet (legally required).
 Wear it correctly!
- Essential equipment: Tyre pump, spare tube, puncture repair kit, appropriate tools.
- Mobile phone -for emergency calls!
- Basic first aid items
- Water bottle(s)
- Bike lock
- Route guide or maps
- Sunscreen
- Snacks
- Money

1. Coffs Creek Circuit

A scenic bush circuit in the centre of the city. Rating 2 -easy except for hill climb on Mildura Street. Distance 12km.

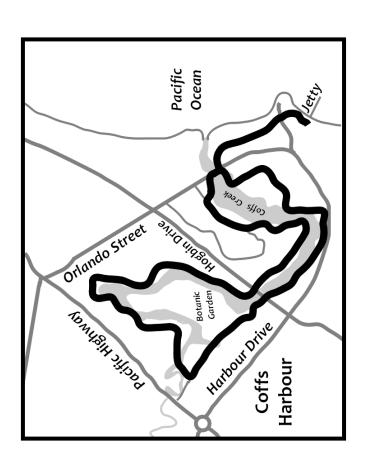
Start at the Coffs Harbour Jetty carpark at Jetty Foreshores Park on Jordan Esplanade.
ROUTE

0.0 A footpath goes north through the picnic area. Cross Marina Drive, go through a small car park and onto a shared path behind the beach.

R at Orlando St across the Coffs Creek bridge. L into Vost St, past the substation, L Brodie Drive.

- 2.5 Lat track sign (before Henderson Close).
- 6.5 Showground. Continue to follow the creek. Cross pedestrian bridge to Rotary Park and Swimming Pool.
- 7.5 L into Coff Street. Follow the shared path east along the playing fields, over a bridge, past the cemetery, past the entrance to the Botanic Garden carpark and L as the shared pathway leaves the road.
- 9.0 The Promenade. L into Mildura St. L Edgar St. R at Coffs Creek (Porpoise Pool). Cross Orlando Street. Return on original path along the foreshores. 12.0 Jetty-END.

NOTE: The northern side has only been partially upgraded (as at 2012) to be a shared path for both pedestrians and cyclists. A road option is: Orlando St, L Pacific Highway, L Coff St.



2. Coffs Harbour to Sawtell

Ride north along Coffs beachfront before heading south to a popular cycling destination.

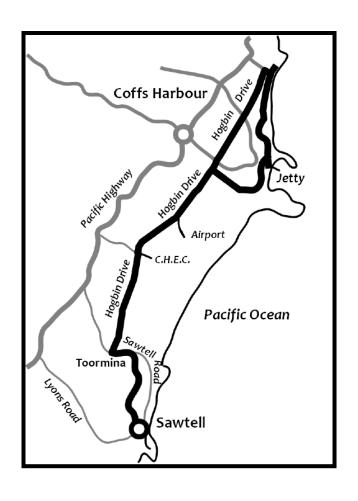
Rating 4. Distance 33 km return. Mostly flat ride on cycleways but a few hills too.

Start at the Coffs Harbour Jetty carpark at Jetty Foreshores Park on Jordan Esplanade.
ROUTE

- 0.0 A footpath goes north through the picnic area. Cross Marina Drive and go through a small car park and onto a shared path behind the beach.
- 4.0 Ocean Parade ends (Macauleys Headland). Go back and R Arthur Street. 4.5 L Hogbin Drive (Cycleway on west side but crosses to east side at next intersection). Continue on cycleway to Toormina roundabout.
- 14.5 L Sawtell Rd, R(take care) at Wirrabilla Drive, L Lalaguli Drive, R Werambie St. At end continue on roadway behind the retirement village. Cross wooden pedestrian bridge and go L across railway line,
- R Seventeenth Ave, L & R into 16th Ave, L Boronia St. 18.0 Cross First Ave (main street) and continue on Boronia St to Sawtell Headland (19.0).

Return same route but:-

30.0 R Howard St (racecourse), 31.0 L Beacon Hill cycleway *(short, steep hill)*, 32.0 R Camperdown St, L Jordan Esplanade, 33.0 Jetty -END.



Mylestom to Urunga

& Return Via Yellow Rock Road, Raleigh

Ride through rural countryside and farmland beside the Bellinger and Kalang Rivers.

Rating 3. Distance 30km. Mostly flat. All bitumen but some rough. Mostly light traffic but take care when riding on highway shoulder just before Urunga. Watch for cattle grids and railway level crossing on return journey.

Start at Mylestom river baths (Alma Doepel Park.) Turn off Pacific Highway at Repton 20km south of Coffs.

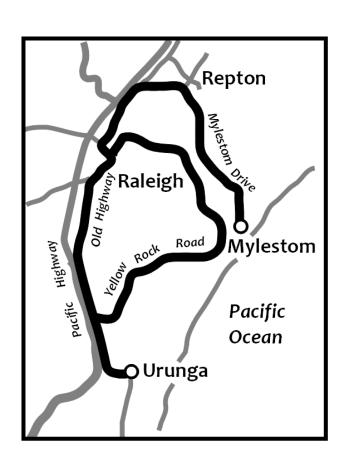
ROUTE

- 0.0 Go west on Mylestom Drive.
- 5.0 L (south) at Keevers Drive.
- 7.0 R after Raleigh Bridge onto Old Pacific Highway.
- 10.0 Lat Pacific Highway;
- 11.5 Highway crosses Kalang River to Urunga.
- 12.0 L into Ferry Street >>> Fitzroy street.
- 12.4 $\,$ L over railway bridge, L into Comlaroi Street, R into Bowra Street.
- 13.0 Morgo Street Reserve (water taps / toilets).

 You could extend the ride to Hungry Head and Wenonah
 Head. (See Ride 4)

Return journey (Return via Yellow Rock Road)

- $14.3\,$ R immediately after crossing the bridge at Urunga and follow cyclepath into Vernon Crescent.
- 14.6 R onto Yellow Rock Road. 19.0 Four cattle grids in next km. 21.6 Railway level crossing.
- 23.0 R at roundabout -cross Raleigh Bridge.
- 25.0 R onto Mylestom Road. 30.0 Mylestom END.



4. Urunga to Wenonah Head

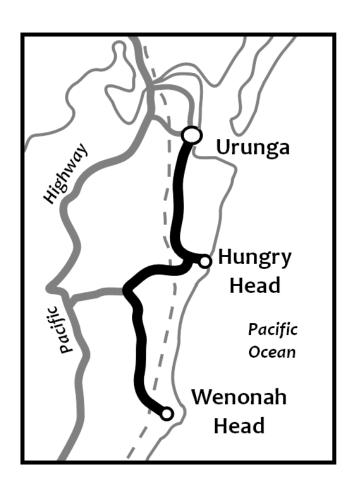
Ride to a remote beach with a great coastal view from the headland on the way.

Rating 3. Distance 17 km return including 2.5km gravel but any bike should be OK. Moderate hills. Light traffic. Take care on wooden railway bridge & railway level crossing.

Start at Morgo St Reserve, Morgo St, Urunga.
Turn off Pacific Highway about 30km south of Coffs.
ROUTE Urunga to Hungry Head -7km return.
Hungry Head to Wenonah Head -10.5km return.
0.0 Go south to Hungry Head via Morgo Street and

- Hungry Head Road. (Minor hills)
 3.0 L to Hungry Head Reserve.
- 3.3 Hungry Head Car park / Headland -coastal views.
- 3.3 L around Hungry Head Reserve loop (steep downhill, climb back up -500m)
- 3.8 L onto Hungry Head Road going west.
- 4.0 Wooden bridge over railway. Take care.
- 5.3 L onto Osprey Drive to Wenonah Headland.
- 7.5 Gravel road (1.2km). 8.0 Railway level crossing.
- 8.8 Wenonah Headland (Toilets, no water)

 Return the same route.
- 17.0 Urunga -END.



5. Woolgoolga to Arrawarra

Coastal ride past golf course and playing fields with several creek crossings. Watch for kangaroos!

Rating 4. Distance 17 km return. Mostly on cycleways / cycle lanes. Cycle lanes usually on one side of road only. Some short, steep hills.

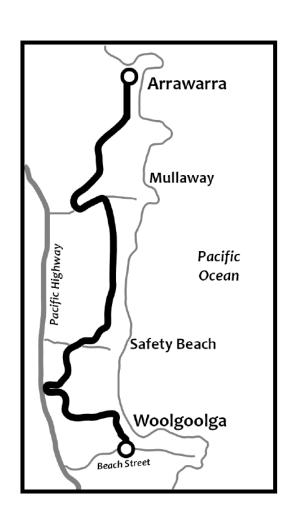
Start at corner of Wharf and Beach Streets (shops / cafes), Woolgoolga about 25 km north of Coffs Harbour on the Pacific Highway.

ROUTE (Look for Arrawarra cycleway signs).

- 0.0 Wharf Street. Immediate R turn into lane.R Lake Road.
- 0.6 L Footbridge >>> Melaleuca Avenue.
- 1.4 R Bike path -bridge, playing fields.
- 2.0 R Centenary Drive -past High School.
- 2.6 L (sign) through to Young St, R Schofields Dr, R Safety Beach Drive.
- 3.5 L Panorama Parade >>> bike path -past golf course >>> bike bridge >>> Darkum Road.
- 5.8 L Mullaway Drive.
- 6.3 R Arrawarra Road.
- 8.7 Arrawarra Beach.

Return the same route.

17.0 Woolgoolga -END.



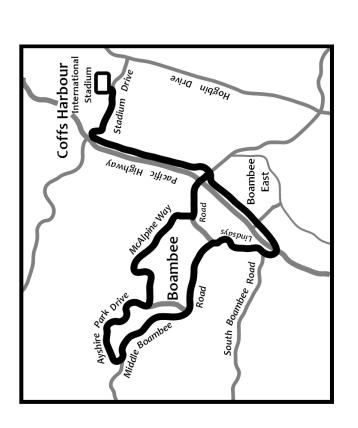
6. Boambee Hills

A short circuit close to home with opportunities to develop your climbing skills!

Rating 4. Distance 16 km. Some very steep hills. Half of the ride on cycleways. Light traffic.

Start at Coffs Harbour International Stadium on Stadium Drive, Coffs Harbour.

- O.O Stadium Carpark. R Stadium Drive (west).L Cycleway beside Pacific Highway.Cross Sawtell Road. Cross Bruce King Drive.
- 4.5 L Stairs to highway underpass & bike path.
 [Optional addition here (L): South Boambee
 Road -out and back 7 km]
 *** Lindsays Road.
- 6.0 L Middle Boambee Road
- 8.5 R (N.B. 2nd entrance to, or other end of) Ayshire Park Drive. Very steep climb on this section. Then difficult turn on steep downhill -watch for L turn sign! 10.0 L McAlpine Way (the difficult turn!)
- 12.0 L Lindsays Road >>> cross highway & L tocycleway north. Return the same way from this point.16.0 International Stadium -FND



7. Whiskey Creek Road, Dorrigo

Mountain air and great views of the Dorrigo countryside!

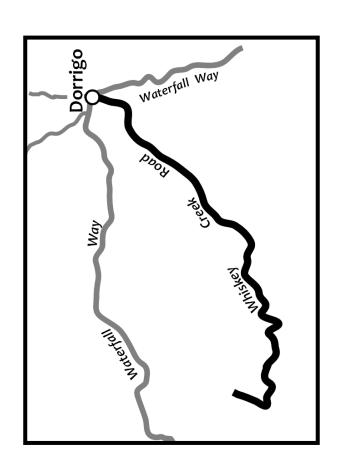
Rating 4. Distance 20 km return including 5 km gravel at end section before turnaround point. Long hill climb with mostly gentle gradient after wooden bridge. Very light traffic.

Start at main intersection in Dorrigo. Dorrigo is about 40km west of the Pacific Highway on the Waterfall Way. (Take Bellingen / Dorrigo exit from Pacific Highway about 23 km south of Coffs Harbour).

- 0.0 Go south on Hickory Street.>>> Whiskey Creek Road.
- 5.5 Wooden bridge -take care.
- 7.5 Gravel section begins.
- 10.0 Suggested turnaround point

 -At high point before next long descent.

 Return the same route.
- 20.0 Dorrigo -END.



8. East Bank Road

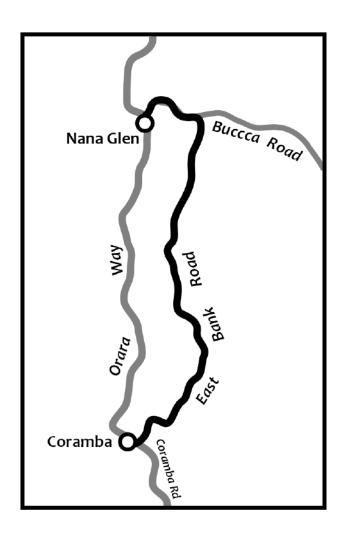
Coramba to Nana Glen

Winding, undulating ride through quiet countryside.

Rating 4. Distance 30km return. Light traffic. Three wooden bridges and a railway crossing.

Start at CWA Park on Gale Street (main street), Coramba about 15km north west of Coffs Harbour.

- 0.0 Go south east on main street; cross river & railway line.
- 0.4 L East Bank Road.
- 9.0 Watch for railway level crossing in next km!
- 13.0 L Bucca RoadStreet, Nana Glen.
- 15.0 Orara Way -left to shops. Return the same route.
- 30.0 Coramba END.



9. Paddys Plains Road, Dorrigo

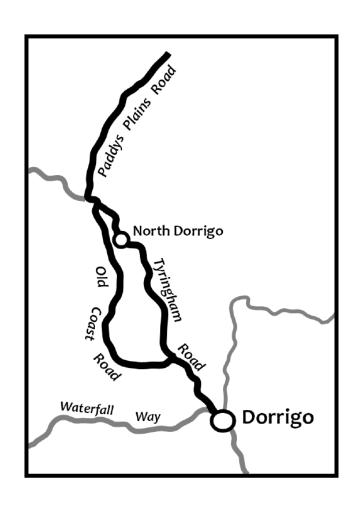
Panoramic vistas on the hilly and sometimes chilly Dorrigo plateau. A visual delight at certain times of the year!

Rating 5. Distance 30km return. Some long hills. Light traffic.

Start at main intersection in Dorrigo.

Dorrigo is about 40km west of the Pacific Highway on the Waterfall Way. (Take Bellingen / Dorrigo exit from Pacific Highway about 23 km south of Coffs Harbour).

- 0.0 Go west on Cudgery Street.
- 0.5 R Rosewood Street >>> Tyringham Road,
- 2.5 L Old Coast Road.
- 9.5 L Tyringham Road,
- 10.0 R Paddys Plains Road.
- 15.5 Turnaround Point -almost at end.
 Return along Tyringham Road through North Dorrigo.
- 30.0 Dorrigo -END.



10. Karangi - Island Loop Road

Interesting ride through Orara River valley farmland or ride to Bindarri National Park.

Rating 5. Distance 27 km return. Light traffic. Some wooden bridges with cross planks.

Start near Public School at Karangi on Coramba Road about 10 km west of Coffs Harbour.

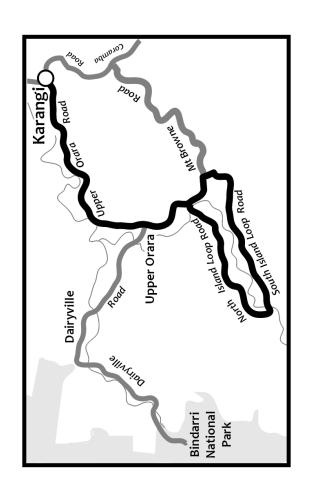
ROUTE

- 0.0 Go south west on Upper Orara Road
- 2.0 L to view Karangi Dam then continue.
- 7.0 (Optional side trip: Dairyville Road to Bindarri National Park. 16km return -some wooden bridges).
- 8.5 R (at school) North Island Loop Road>>> South Island Loop Road
- 17.5 L Upper Orara Road (or optional return -see below)
- 18.5 School again. Return the same route from here.
- 27.0 Karangi-END.

Optional Return:-

- At 17.5 R Mt Browne Road -climb & long descent.
- 22.5 L Coramba Road -moderately heavy traffic and narrow road. 25.0 Karangi -END.

Note also: alternative 17km circuit ride: Upper Orara Rd >>> Mt Browne Rd, L Coramba Rd > Karangi. (Long climb and a long descent on Mt Browne Rd).



Bonville > Valery > Bonville

Scenic circuit ride of rural roads through farmland of Bonville and Valery and the tall trees of Pine Creek State Forest and Bongil Bongil National Park.

Rating 5. Distance 27 km including 8km gravel. MTB or hybrid bike preferable. A number of significant hills. Wooden bridges. Very light traffic. Note that water and food are not available along this route.

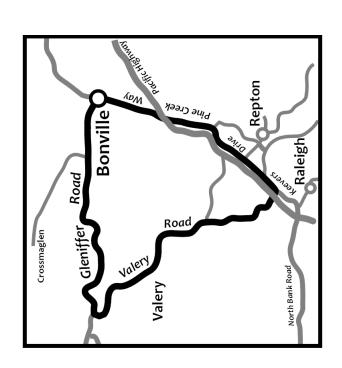
Start at Bonville Public School, about 13km south of Coffs Harbour on Gleniffer Road just off Pine Creek Way.

ROUTE

- 0.0 Bonville School -go west on Gleniffer Road
- 4.7 Gravel road
- 8.5 L Valery Road

Alternating gravel and bitumen road surface and two wooden bridges along Valery Road.

- 18.5 L Keever Drive
 - >>> Pine Creek Way
- 27.0 L Gleniffer Road, Bonville END.



12. Bellingen to Promised Land

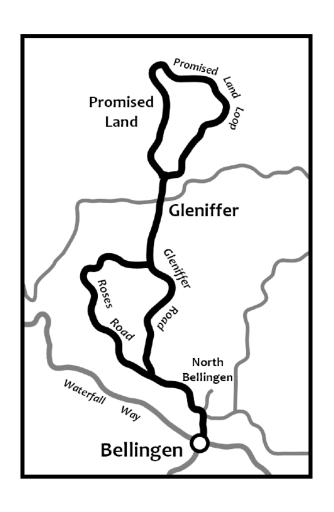
Ride north from Bellingen though farmland to the Never Never River and the mountain encircled Promised Land. Opportunities for a refreshing swim!

Rating 5. Distance 34 km return including 8km gravel. MTB or hybrid bike preferable. Significant hills. Light traffic.

Start at Church Street, Bellingen. (Exit the Pacific Highway about 23 km south of Coffs Harbour and go about 10 km west on the Waterfall Way to Bellingen).

- 0.0 Church Street,
 - L (east) Hyde Street (main street),
 - L Bridge Street >>> Hammond Street
- 1.0 L Wheatley Street >>> Gleniffer Road
- 3.0 L Roses Road. (2.6km gravel, 4.3km bitumen)
- 3.8 Wooden bridge -take care
- 9.9 L Gleniffer Road. 12.0 Gleniffer Hall
- 12.0 >>> Promised Land loop*(5km gravel, 7km bitumen)
- 24.0 Gleniffer Hall. *Or ride to Thora instead (Ride 13).

 Return via Gleniffer Road
- 34.0 Church Street, Bellingen END.



13. Gleniffer to Thora

Quiet rural roads leading to the foothills of the mountains on the northern side of the Bellinger River.

Rating 5. Distance 30 km* return incl 7 km gravel. Some steep hills. Very light traffic. Watch for wooden bridges, cattle grids and small wallabies in the forest section. *Distance 50km if ride from Bellingen.

Start at Gleniffer Hall about 10km north of Bellingen. (Cross Lavenders Bridge to North Bellingen then at 1st roundabout go L to Wheatley Street >>> Gleniffer Road. See Ride 12 map).

ROUTE

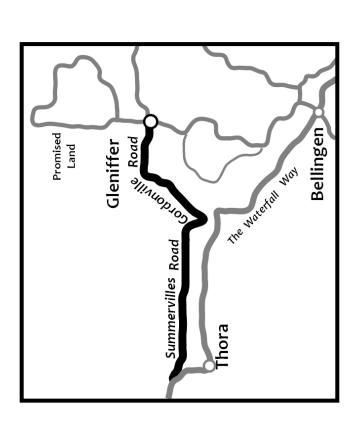
0.0	Go	west	on	Gord	lonvil	lle	Road
-----	----	------	----	------	--------	-----	------

- 0.8 Wooden bridge -take care
- 2.4 L turn to stay on Gordonville Road
- 6.2 R Summervilles Road
- 7.6 Wooden bridge -take care
- 8.0 In next 5 km: 3.5 km gravel & 2 cattle grids
- 15.0 Waterfall Way

 Turn at intersection with W.W. and return the

300 Gleniffer Hall-FND

same route.



14. Bruxner Park Road

To Bucca Road

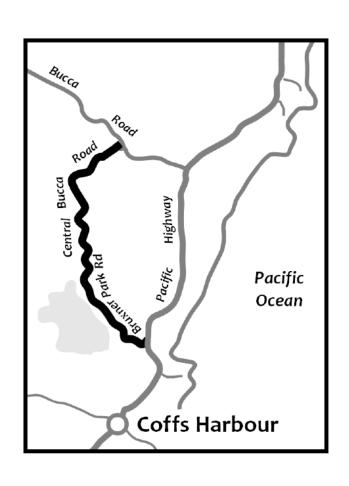
A long sustained climb through banana plantations followed by a cool descent through the rainforest of Bruxner Park Flora Reserve then farmland to Bucca Road. Spectacular ocean views on return descent!

Rating 5. Distance 28 km return. Light traffic. Four wooden bridges.

Start at Bruxner Park Road just off Pacific Highway at Korora 4.5 km north of Coffs centre. Park at the start.

- 3.5 Top of climb
- 5.5 >>> Central Bucca Road
- 14.0 Bucca Road T intersection.

 Return the same route.
- 28.0 Pacific Highway -END.



15. Dorrigo to Megan

Winding, hilly road on the Dorrigo plateau. Follows the old Dorrigo - Glenreagh railway line.

Rating 5. 29 km return. 5 km virtually continuous hill climb on outward journey. Means a 5km descent on the return! Light traffic. Wooden bridges.

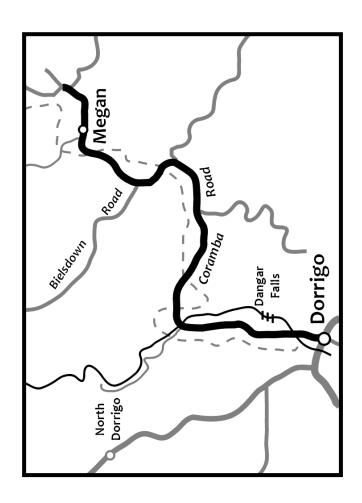
Start at main intersection in Dorrigo. Dorrigo is about 40 km west of the Pacific Highway on the Waterfall Way. (Take Bellingen / Dorrigo exit from Pacific Highway about 23 km south of Coffs Harbour).

ROUTE

- 0.0 Go north on Hickory Street.Slight L into Vine StreetCoramba Road
- 1.0 Wooden bridge -take care.
- 2.0 Dangar Falls -viewing point.
- 2.8 Wooden bridge (Deep Creek) -take care.
- 4.0 Coramba Road crosses over Bielsdown River.
- 14.5 Briggsvale Road (to Cascade)
 -turnaround point (at hall).

Return the same route.

29.0 Dorrigo -END.



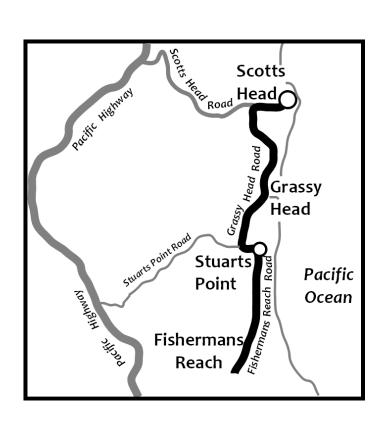
16. Scotts Head to Fishermans Reach via Grassy Head and Stuarts Point

Ride between coastal villages to the Macleay River.

Rating 5. Distance 36 km return. Winding road with some serious hills to Grassy Head but totally flat and mostly straight road between Grassy Head and Fishermans Reach. Generally light traffic.

Start at Scotts Head Reserve. Exit Pacific Highway 4 km south of Macksville (60km south of Coffs Harbour) and go another 12km to Scotts Head.

- O.O Scotts Head Reserve. Immediate L Ocean St, Keep L into Matthew Street, R John Street, L Waratah Street >>> Scotts Head Road.
- 3.0 L Grassy Head Road.
- 8.5 Grassy Head. Continue on Grassy Head Road
- 12.0 L Ocean Avenue, Stuarts Point.
- 13.0 R Marine Parade>>> Fishermans Reach Road.
- 18.0 Fishermans Reach -turnaround point. *Return same route.*
- 36.0 Scotts Head -END.



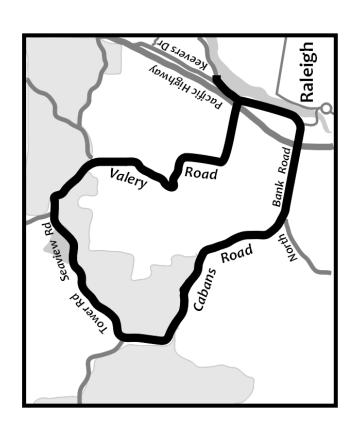
17. Cabans Road & Valery Road

Impossibly steep climb (though some heroes have done it!) rewarded with a long, exhilarating descent through Bongil Bongil National Park.

Rating 6. Distance 14 km including 8 km gravel. Not suitable for RB. You can try out for hero status but probably you will have to walk your bike up one very steep 400m section. Descent road may have washout ruts. Very little traffic once in the bush but take care on descent. Note that there may be no signage on bush roads.

Start on riverbank at Mylestom Drive and Keevers Drive, Repton. Exit Pacific Highway about 20 km south of Coffs Harbour.

- 0.0 Go south on Keevers Drive
- 1.5 R North Bank Road
- 2.8 R Cabans Road -gravel. Steep section!
- 6.0 R Tower Road -descent begins. *Take care!*>>> Seaview Road
- 9.0 R Valery Road
- 13.5 L Keevers Drive
- 14.0 Mylestom Drive END.



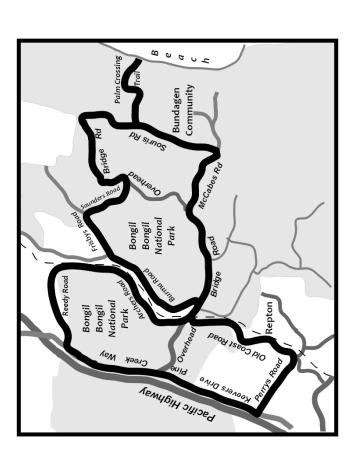
18. Bongil Bongil Forest Roads

Escape from cars completely on the forest roads of Bongil Bongil National Park.

Rating 6. Distance 23 km including 18km gravel. Not suitable for a RB. Significant hills with some loose surface and occasional puddles. Dangers of loose sticks. Wooden bridge over railway. Some roads dusty in dry weather.

Start at Perry's Lookout, Repton. Exit Pacific Highway 20 km south of Coffs Harbour.

- 0.0 Go east on Perry's Road.
- 1.0 L Old Coast Road >>> gravel -may be dusty.
- 2.7 R Overhead Bridge Road -wooden bridge!!
- 3.0 L Burma Road
- 4.8 >>> Frisby's Road.
- 5.6 R Saunders Road -loose sticks.
- 6.5 L Overhead Bridge Road again.
- 7.5 R Souris Road.
- 8.3 L Palm Crossing Trail -out and back to Bongil Beach -worth the 3 km detour!
- 11.3 L to continue on Souris Rd again -to Bundagen.
- 12.5 R McCabes Road >>> Overhead Bridge Road.
- 15.4 R after bridge over railway.
- 15.5 R Archers Road >>> Reedy Road.
- 19.5 L Pine Creek Way.
- 23.0 Perry's Lookout -END.



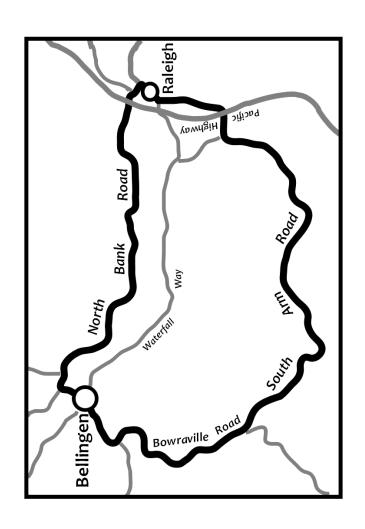
19. Raleigh - Bellingen Loop

Many long and steep climbs and descents as you ride through farmland and forests along the Kalang and Bellinger Rivers.

Rating 6. Distance 39 km. Light traffic except for Pacific Highway crossing.

Start at Raleigh Bridge roundabout. Exit Pacific Highway at Repton 20km south of Coffs Harbour. Go south on Keevers Drive for about 3-4 km and cross bridge. Park in Queen St off roundabout.

- 0.0 Go south on Old Pacific Highway.
- 3.0 L Pacific Highway -immediate (R) turn follows.
- 3.0 R Short Cut Road
- 4.0 L South Arm Road
- 18.5 R Bowraville Road
- 23.0 R Bowraville Road continues >>> Church St.
- 25.0 Stop in Church Street for cafes.
- 25.0 East on Hyde (main) Street,
 - L Bridge Street >>> Hammond Street
- 26.0 R Wheatley Street >>> North Bank Road.
- 38.5 R Keevers Drive, Raleigh.
- 39.0 Cross Raleigh Bridge END.



20. Coffs Harbour to Urunga

Long ride with many options for both shortening or extending the ride or taking side trips. (See footnote).

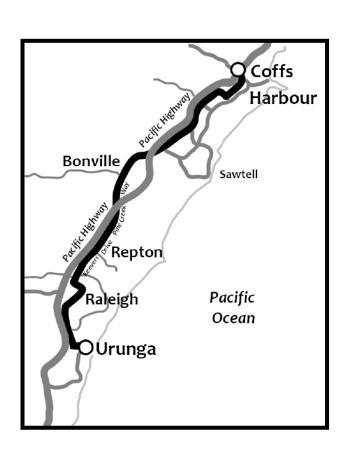
Rating 6. Distance 58 km return. Requires short sections of highway riding with its associated traffic risk. Some significant hills.

Start at City Square, Harbour Drive.

ROUTE

- 0.0 Go east on Harbour Drive.
- 0.3 R Earl Street >>> Thompsons Road.
- 2.5 L Pacific Highway. Follow off-highway cycleway. Short section of highway shoulder riding required south of Hospital campus. Cycleway resumes at Stadium Drive & Pacific Highway roundabout.
- 9.5 R at Lyons Road highway overpass.L Pine Creek Way >>> Keevers Drive at Repton.
- 23.0 R after Raleigh Bridge onto Old Pacific Highway.
- 26.0 L Pacific Highway -ride on road shoulder. Cross bridge over Kalang River at Urunga.
- 28.0 L Ferry Street >>> Fitzroy Street, L over railway bridge, L Comlaroi Street, R Bowra Street,
- 29.0 Morgo Street -turnaround point. Return same route.
- 58.0 Coffs Harbour -END.

For a shorter ride you could choose one of these alternative turnaround points: Bonville (26km rtn), Repton (40km rtn) or Raleigh Bridge (46km rtn).



21. Nambucca Valley Circuit

The countryside of the Nambucca Valley and its three main towns.

Rating 6. Distance 43 km. Moderate traffic - some fast. Often no road shoulder. A number of steep hills. Watch for wooden bridges.

Start at Nambucca Heads at the first roundabout/shops where Mann Street becomes Old Coast Road. Turn off Pacific Highway about 47km south of Coffs Harbour.

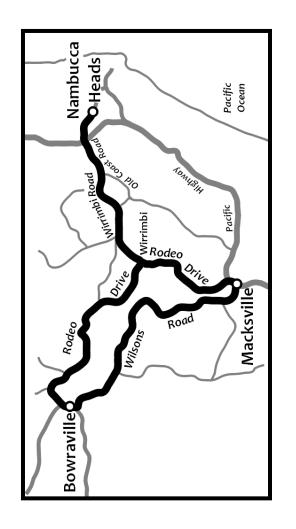
ROUTE

Nambucca Heads to Macksville (13km)

- 0.0 Go west on Old Coast Road.
- 2.7 R Wirrimbi Road, (2.8 wooden bridge).
- 7.8 L Rodeo Drive (9.8 wooden bridge)
 >>> Ferry Street, Macksville.
- 13.0 R Pacific Highway (bridge), R River Street.

Macksville to Bowraville (12.5km)

- 13.0 Go west on River St, L Matilda St, R McKay St, >>> Tilly Willy St, R (bridge) Joffre St, cross bridge, R Wilson Road.
- 24.5 L Carbin Street, Bowraville. 25.0 R High St. Bowraville to Nambucca Heads (17.5km)
- 25.5 Continue north on High St (26.0 wooden bridge) >>> Rodeo drive
- 35.5 L Wirrimbi Road (returning same route now).
- 40.0 L Old Coast Rd 43.0 Nambucca Heads -END.



22. Bonville to Gleniffer

Adventure ride to Gleniffer mostly on gravel roads through farmland and Tuckers Knob State Forest. A road less travelled!

Rating 7. Distance 35 km return including 21km gravel. Not suitable for a RB. Significant hills. Light traffic.

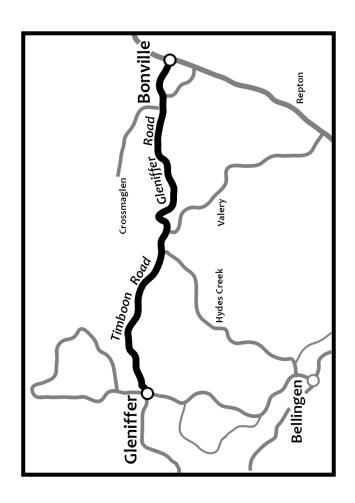
Start at Bonville Public School, about 13km south of Coffs Harbour on Gleniffer Road just off Pine Creek Way.

ROUTE

- 0.0 Go west on Gleniffer Road
- 4.5 Gravel Road
- 85 Bitumen Road
- 9.5 >>> Timboon Road -all gravel
- 17.5 Gleniffer (Hall)

(Optional extension: Promised Land loop -12 km)
Return the same route to Bonville.

35.0 Bonville School -END.



23. Bonville > Bellingen > Raleigh

Farmland and forests of Bonville, Bellingen and Raleigh. Big choice of cafes in Bellingen for coffee or lunch

Rating 7. Distance 43 km including 5km gravel. Bitumen surfaces vary between perfect and poor. Expect a rough ride to Bellingen if on a RB. Significant hills on return journey. Light traffic.

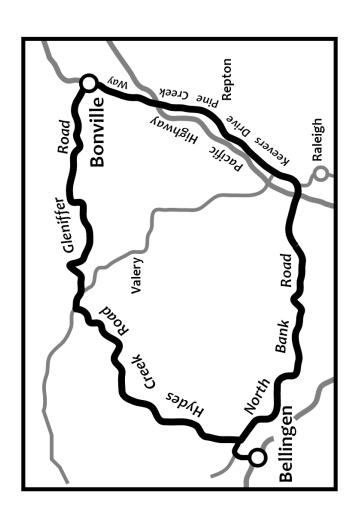
Start at Bonville Public School, about 13km south of Coffs Harbour on Gleniffer Road just off Pine Creek Way.

ROUTE

- 0.0 Go west on Gleniffer Road.
- 4.5 Gravel road 8.5 Bitumen road
- 9.5 L Hydes Creek Rd
- 19.0 R to Wheatley Street
- 20.0 L Hammond Street >>> Bridge Street
- 20.8 R Hyde Street (main street).
- 21.0 R Church Street [Cafes]

Return: Retrace route though Bellingen but...

- 23.0 Continue straight on North Bank Road past Hydes Creek Road turnoff.
- 34.0 L Keever Drive >>> Pine Creek Way
- 43.0 L Gleniffer Road, Bonville END.



24. Macksville to Taylors Arm

Increasingly hilly terrain as you ride west through the Nambucca Valley towards the foothills of the Great Dividing Range.

Rating 8. Distance 52 km return. A challenging ride for fit riders. A number of long, steep climbs and fast descents. Mostly light traffic but sometimes fast.

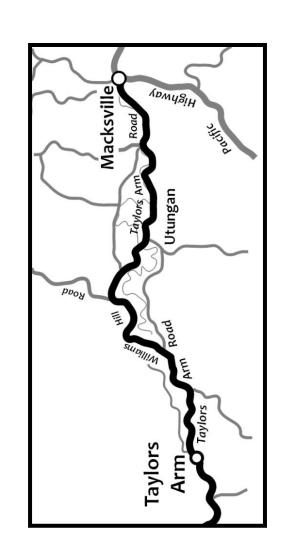
Mostly no road shoulder. All bitumen but some rough - may be potholes. Watch for 3 wooden bridges.

Start at park on river (south side) at Macksville, sixty km south of Coffs Harbour on the Pacific Hwy.

ROUTE

- O.O Go west on River St, L Matilda St, R McKay St>>> Tilly Willy St, R (bridge)Joffre St,L Sturdee St, L Jellicoe St.
- 1.8 R Taylors Arm Road.
- 10.5 At Utungan go straight ahead on Boat Harbour Road. (Not on Taylors Arm Road which goes off to the left).
- 15 L at T intersection Williams Hill Road.
- 20 R at T intersection Taylors Arm Road.
- 26 Taylors Arm -Pub With No Beer.

 Return the same route.
- 52 Macksville END.



25. Brooms Head to Coffs Harbour

A great ride for the seriously fit and experienced recreational cyclist who would like to challenge themselves over a much longer than usual distance.

Rating 12! (more if wind or rain!). Distance 154 km one way. (If you do an extra 7km you will have done 100 miles!) RB recommended. The first section of the ride is gently undulating. The section along the mighty Clarence River is completely flat. The Grafton -Coffs Harbour section is moderately hilly. Traffic will vary between light and moderate but will be increasingly heavy after Glenreagh. No road shoulder for most of the way and many 100kmh sections.

Start at Brooms Head about 2 $\frac{1}{2}$ hours north of Coffs Harbour. Exit Pacific Highway at Maclean and then turn R to Brooms Head. You can camp or find accommodation at Brooms Head overnight before ride. (This implies having a support person). Choose one of the cooler months of the year and start at sunrise. You will need 8-10 hours including stops and assuming average speeds in the mid 20s. Have a plan for your day. Alternatively take two days.

Brooms Head to Maclean 22km [22]

At Maclean: R into Cameron Street. (Shared path on the RHS) (>>> River Street to shops if stopping in Maclean)

Maclean to Lawrence (via the ferry) 13km [35]

L to cross the Macfarlane Bridge beside showground. *Take* care on the wooden planks.

>>> Lawrence Road to the Lawrence Ferry.

L after crossing ferry (Rutland Street),

L Richmond Street >>> Bridge Street. (Park on riverbank).

25. Brooms Head to Coffs Harbour (continued)

Lawrence to Grafton 31km [66]

Firstly cross another wooden plank bridge -take care.

L Riverbank Road -some bitumen surface is rough.

L Lawrence - Grafton Road, L Great Marlowe Road.

L Lawrence - Grafton Road >>> Queen Street, Grafton

L Kemp Street to riverside park.

Grafton to Lanitza 25 km [91]

Leave the park at the bridge end.

L Duke Street, R Victoria Street,

L Clarence Street, R Fitzroy Street,

Cross the river via the bridge cycleway. Exit L side to cycle path past the railway station. Continue down Crisp Avenue and cross Spring Street. Cycle path recommences and continues across Charles Street and through the bus interchange area.

L onto Ryan Street, R onto Armidale Rd (signposted Coffs Harbour), L Orara Way (signposted Coffs Harbour).

Lanitza to Glenreagh 22km [113] Orara Way continues. There is another wooden plank bridge on this section with a "Cyclists Dismount" warning.

Glenreagh to Nana Glen 11km [124] Orara Way. Nana Glen to Coramba 11km [135] Orara Way. Coramba to Coffs Harbour (Jetty) 19km [154]

Soramba Road Solution West High Street at Coffs Harbour.
Continue across the Pacific Highway Solution Drive.

R cross railway to Jetty Foreshores -END.

Note: No map for Brooms Head to Coffs Harbour ride.

These rides and maps compiled by

John Gray.

Feedback is welcome.

Contact details:-P.O. Box 64 Sawtell NSW 2452

Email: yargnhoj@gmail.com

©John F. Gray, 2010-2013.

Coffs Coast Bike Rides

- 1. Coffs Creek Circuit R2 12 km
- 2. Coffs Harbour to Sawtell R4 30 km
- 3. Mylestom to Urunga R3 30 km
- 4. Urunga to Wenonah Head R3 17 km 2.5G
- 5. Woolgoolga to Arrawarra R4 17 km
- 6. Boambee Hills R4 16 km
- 7. Whiskey Creek Road, Dorrigo R4 20 km 5G
- 8. East Bank Road Coramba > Nana Glen R4 30 km
- 9. Paddys Plains Road, Dorrigo R5 30 km
- 10. Karangi Island Loop Road R5 27 km
- 11. Bonville > Valery > Bonville R5 27 km 8G
- 12. Bellingen to Promised Land R5 34 km 8G
- 13. Gleniffer to Thora R5 30 km 3.5G
- 14. Bruxner Park Road to Bucca Road R5 28 km
- 15. Dorrigo to Megan R5 28 km
- 16. Scotts Head to Fishermans Reach R5 36 km
- 17. Cabans Road and Valery Road R6 14 km 8G
- 18. Bongil Bongil NP Forest Roads R6 23km 18G
- 19. Raleigh Bellingen loop R6 39 km
- 20. Coffs Harbour to Urunga R6 58 km
- 21. Nambucca Valley Circuit R6 43 km
- 22. Bonville to Gleniffer R7 35 km 21G
- 23. Bonville > Bellingen > Raleigh R7 43 km 5G
- 24. Macksville to Taylors Arm R8 52 km
- 25. Brooms Head > Grafton > Coffs Harbour R12 154 km